

# SYLVIA RIMAT

## DANCE WITH ME



Dance With Me is a thought-provoking and evocative performance for one audience member at a time. The piece playfully explores notions of inner voices, the familiar and the more unusual ones. Located in a building with a context or history of mental health, such as a former Mental Health Asylum, the performance also relates to the voices that may be part of the consciousness of a building.

The audience member enters an empty and sparse room, equipped with a table, a chair, a table lamp and a cassette recorder. A voice starts to address the audience member and gives basic instructions. Soon other voices join in and step by step a cacophony of voices build up and fill the room. The show ends with a surreal encounter. Lights flash up and a waltz starts. A person wearing a wolf head enters the room and asks the audience member for a dance.

The development of the performance was supported by conversations with members of the Hearing Voices Network in Bristol.

Running time: 11 minutes

Capacity: 1 audience member per showing

Performances per day: Up to 16

Available for touring from autumn 2015 - winter 2016

Originally supported and presented by Proximity Festival, Australia

# VIDEO

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A short trailer (3min) is available on: <https://vimeo.com/129901816>

Full length video documentation: <https://vimeo.com/129903919>, password: dancingwolf



# QUOTES

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EACH OF PROGRAM C'S PRESENTERS SHOW MASTERY OF THE INTIMACY AND MIND MANIPULATION POSSIBLE WITH A SINGLE AUDIENCE MEMBER, BUT DANCE WITH ME AMAZES ON TWO FRONTS.

– **Realtime Arts Magazine, Australia** <http://www.realtimearts.net/article/124/11770>

DANCE WITH ME – MESMERIZING!

– **Audience Feedback, Proximity Festival**

DANCE WITH ME – BEAUTIFUL. BEST OF THEM.

– **Audience Feedback, Proximity Festival**

DANCE WITH ME WAS SO INTENSE AND BEAUTIFUL – IT REMINDED ME OF THE YELLOW WALLPAPER AND THAT STRANGENESS OF ENTRAPMENT.

– **Audience Feedback, Proximity Festival**

IF I WAS TO BECOME UNWELL IN THE MIND, I'D LOVE TO DANCE WITH A WOLF AGAIN.

– **Audience Feedback, Proximity Festival**

# TECH SPEC

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## SPACE

- The space should ideally be located in a building with a history of mental health and/ or context to mental health. However this can be negotiated.
- Ideally wooden or stone flooring.
- The space should be mostly empty, apart from a wooden table and a chair for the show. Windows need to be fitted with blinds or be able to be blacked out. Performer requires a second, adjacent room to be based in throughout two thirds of show.
- Minimum Space Dimensions [ 4 ]m wide x [ 5 ]m deep
- Ideal Space Dimensions [ 5 ]m wide x [ 8 ]m deep
- Height Minimum [ 3 ]m

## LIGHTING

- 4x 500W flood lights (on shins)
- Dimmer switch leading to adjacent room
- Small lighting desk in adjacent room

## SOUND

- PA
- Mixing desk
- Mic
- Long minijack cable to connect i-pod to mixing desk
- Extension cables

## AV

- TV/ monitor with bnc input (yellow)

## PROPS

- A wooden table/ desk, plain, old
- A wooden chair, old
- A table lamp (warm light)

## CREW

- one technician for get-in/ get out (to set up flood lights, install video-camera on wall, PA and alter space if necessary)
- 1 usher, ideally same one throughout day

## GET-IN/ GET OUT TIME

- 2 hours get-in, 1/2 hour get out
- briefing of usher (15 min)

# ARTIST BIOG

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An owl tamer, a bear in red heels, a dancer from a bygone era: Sylvia Rimat creates original solo performances with a pinch of the surreal. Rimat deftly blends theatre and live art. She encourages her audience to interact playfully with elements of video, new technologies, animals (imagined and real) and fragments of dance. Consciousness, memory and the imagination are recurring themes, coupled with a process that begins with collaboration. Her research culminates in intelligent, humorous performances that are equally entertaining and thought-provoking.

Rimat's performances have been presented widely in the UK, in Europe (Spain, Germany, Denmark and Poland) and in Australia (Sydney and Perth).



## BOOKING INFORMATION

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### PRODUCER

TANYA STEINHAUSER

E [producer@sylviarimat.com](mailto:producer@sylviarimat.com)

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## ARTIST WEBSITE

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[www.sylviarimat.com](http://www.sylviarimat.com)

“

The skill of Rimat's performance lies in the way she marries the magic of the theatre with the fantasies of the virtual.

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– Mary Paterson a-n